



UNESCO CULTURAL AMBASSADORS

Ema:

The Erasmus+ project in Portugal was so much better than I had expected. I heard about the hospitability of the people but I never imagined that someone can be such a good description of that word. Everyone was so nice, they were trying to communicate with me even when they did not speak really well. I completely fell in love with the culture, the people and the atmosphere and architecture of Portugal. Living with a family was a great experience too. This project helped me learn how my English really is and how to improve it. Other than that it is experience that I will remember forever and I am so grateful for it. Only bad thing about it was that it was so short. I really hope that I will see these people at least once more.



Hedviga:

The whole experience made me see things kind of differently - different people, cultures, languages, religions, the way things are done there. I think learned a lot that week and it had a positive impact on me. I have found a lot of great friends and I also found out how similar/different our habits are. I tried Portuguese typical dishes and many other delicious foods. I also learned the basics of the Portugal language and traditions. One of my favorite memories was the trip to Porto. Regarding my host family, they are very kind and caring people and they made me feel welcomed. Overall I really enjoy my time there and I am grateful for that opportunity. I hope I will be able to experience something similar in the future.



Karin:

This project was a really unique experience for me and I really enjoyed it. I got to know a lot of new people and the way they live. I loved every bit of it. From my host family to the activities we did. Every city we visited was very beautiful and interesting in it's culture and monuments. Also every activity we did was really exciting and I enjoyed it. I really liked getting to know people from other countries and talking about how every country is different from each other. I love how everyone in Portugal was really welcoming and cheerful. I really hope we will meet again. That week was one of the best weeks in my life. Everything I experienced was really amazing and I will never forget this experience and the amazing people I met.







Rebeka:

Something in us changes during the exchange, and it feels like the person who returns is no longer the same person who left on the journey in the first place.

It does not just feel that way; it is true. We do come back different; we do grow during the exchange. By spending time abroad, we increase our curiosity about other cultures. We want to know more about foreigners. We are not afraid of moving from one country to another. We are more flexible culturally because of this interest in other cultures.

We face challenges we have never faced before. We can see who we are through the differences and similarities we observe within other cultures. When you go to another country, there is usually no other way to communicate than in a language different from your own. You have to use languages that you may not have fully mastered. But practice makes perfect or, in this case, exchange improves proficiency. What is more, we don't just become better in the languages we already know - we often start learning a new one!

